



# Microfirm Training

Respond Revive Survive First Aid  
Mental Health First Aid Trainer



## 11244NAT Course in Mental Health Support for First Responders

This Nationally recognised course is uniquely tailored to provide comprehensive education on mental health, fostering resilience and offering practical strategies for managing the mental health impacts of crisis response. You will learn to recognise signs and symptoms of mental health concerns and respond effectively, providing crucial support until professional help is available.

### Delivery Mode

- Face-to-Face
- Online with Face-to-Face

## Who Is This Course For?



CPR or First Aid Course Participants



Community Services Industry  
(Paid or Volunteer)



Workplace First Aiders



First Responders  
(Professional, or Volunteer)



Teachers and Educators

### What Makes This Course Different?

- Concise & Efficient Short Course
- Practical Solutions
- Saves Valuable Time
- Nationally Recognised
- Ideal for Groups & Individuals

### Find Out More Information



Training and  
Assessment  
Delivered  
on Behalf of:



**Allens Training**  
Pty Ltd

RTO 90909

Quality Assured Training  
for over 20 years



# Contact Us



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